March Snack

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*10 Haffayored	Mon	Tue	Wed	Thu	Fri 1	Sat
milk is served to					WG Saltine Crackers	2
all children two	V					
years of age and					Carrots & Celery	
Ages 1-2	4	(SC	6	7	8	9
Grain 1/2 oz eq	Cheez Its	Trail Mix	Graham Crackers	Wheat Thins	Rice Pudding	
Veg/Fruit 1/2 cup	Mandarins	Pineapple	Cream Cheese	Peaches	Animal Crackers	
Water 1/2 cup		11				
Ages 3-5	11	12	13	14	15	16
Grain 1/2 oz eq	Cheese Nachos	Pretzels	WG Goldfish	Graham Crackers	St. Patrick's	
Veg/Fruit 1/2 cup	Apple Slices	Fruit Cocktail	Peaches	Yogurt	Potluck	
Water 1/2 cup	Apple Slices	Truit Cocktain	1 eaches	Toguit	Tottuck	
Ages 6-12		19	20	21	22	23
Grain 1 oz eq	Trail Mix	Cheez Its	Graham Cracker	WG Saltine Crackers	Wheat Thins	
Veg/Fruit 3/4 cup	Peaches	Mandarins	Cream Cheese	Cheese	Apple Slices	
Water 1 cup						

*Whole,	25	26	27	28	29	30
unflavored milk served to	Pretzels	Carrots W/Rach	Cheese Nachos	WG Goldfish	Graham Crackers	
children one year	Fruit Cocktail	Saltine Crackers	Apple Slices	Peaches	Yogurt	
of age.	V	• •				
31						W K
<u> </u>				N/A		
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