
















December Lunch



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Ages 1-2</p> <p>Grain 1/2 oz eq Meat 1 oz Veg 1/8 cup Fruit 1/8 cup Milk 1/2 cup</p>		<p>1</p> <p>Bean & Cheese Tostada Corn Orange Slices</p>	<p>2</p> <p>Turkey Meatball Soup W/Mix Veggies Saltine Crackers Peaches</p> 	<p>3</p> <p>English Muffin Cheese Pizza Carrots Apple Slices</p>	<p>4</p> <p>Chicken Noodle Soup Corn Cuties</p>	<p>5</p> 
<p>Ages 3-5</p> <p>Grain 1/2 oz eq Meat 1 1/2 oz Veg 1/4 cup Fruit 1/4 cup Milk 3/4 cup</p>	<p>7</p> <p>Cheese Enchiladas Carrots Cuties</p>	<p>8</p> <p>Spinach Ravioli Broccoli Apple Slices</p> 	<p>9</p> <p>Potato Taquitos Refried Beans Green Salad Watermelon</p>	<p>10</p> <p>Whole Grain Turkey Spaghetti Corn Orange Slices</p> 	<p>11</p> <p>Whole Grain Cheese Quesadilla Spanish Rice w/ Mixed Veggies Peaches</p>	<p>12</p>
<p>Ages 6-12</p> <p>Grain 1 oz eq Meat 2 oz Veg 1/2 cup Fruit 1/4 cup Milk 1 cup</p> 	<p>14</p> <p>Turkey Meatball Soup W/Mix Veggies Saltine Crackers Orange Slices</p>	<p>15</p> <p>Whole Grain Grill Cheese Green Beans Pineapple Chunks</p>	<p>16</p> <p>Bean & Cheese Tostada Corn Peaches</p> 	<p>17</p> <p>Chicken Alfredo Pasta Peas Apple Slices</p>	<p>18</p> <p>Turkey Sloppy Joes Broccoli Orange Slices</p>	<p>19</p> 
<p>20</p> 	<p>21</p> <p>Whole Grain Grilled Cheese Sandwich Carrots Apple Slices</p>	<p>22</p> <p>Whole Grain Turkey Spaghetti Mixed Veggies Bananas</p> 	<p>23</p> <p>Soft Tacos Beans Salad Cuties</p>	<p>24</p> <p>HOLIDAY SCHOOL CLOSED</p> 	<p>25</p> <p>HOLIDAY SCHOOL CLOSED</p>	<p>26</p> 
<p>**Lunch is served with 1% milk unless otherwise noted**</p>	<p>28</p> <p>Whole Grain Mac and Cheese Green Beans Orange Slices</p>	<p>29</p> <p>BBQ Chicken Rice Green Beans Watermelon</p> 	<p>30</p> <p>Whole Grain Cheese Quesadilla Spanish Rice w/ Mixed Veggies Peaches</p>	<p>31</p> <p>HOLIDAY SCHOOL CLOSED</p> 